



TIMOTHY WILSON, MD

EDUCATION

Doctorate of Medicine University of Louisville Louisville, KY <i>Alpha Omega Alpha (Medical Honor Society)</i>	1993 – 1997
Bachelor of Science Georgetown College Georgetown, KY <i>Magna Cum Laude</i>	1989 – 1993

POST GRADUATE TRAINING

Fellowship: Sports Medicine University of Kentucky Lexington, KY	2002 – 2003
Administrative Chief Resident, Orthopaedic Surgery University of Alabama Hospitals Birmingham, AL	2001 – 2002
Residency University of Alabama Hospitals Birmingham, AL	1998 – 2002
Internship University of Alabama Hospitals Birmingham, AL	1997 – 1998



CERTIFICATIONS / LICENSES

Commonwealth of Kentucky	2002 – present
State of Alabama	1998 – 2002
Board Certified by the American Board of Orthopaedic Surgery	July 2005
Diplomate of the American Board of Orthopaedic Surgery	July 2005 – Dec. 2025
American Board of Orthopaedic Surgery Recertification	Jan. 2016 – Dec. 2025
Certificate of Subspecialty in Orthopaedics Sports Medicine	Nov. 2009 – present

PROFESSIONAL EXPERIENCE

Sports Orthopedic Surgeon Aptiva Health Louisville, KY	Oct. 2019 – present
Sports Orthopedic Surgeon Central Baptist Lexington, KY	2018 – present
Vice President Bluegrass Orthopaedics, PSC Lexington, KY	2016 – 2018
Founder and President Central Kentucky Orthopaedics, PLC Georgetown, KY	2005 – 2016
Clinical Instructor: Orthopaedic Surgery Shriners Hospital for Children Lexington, KY	2003 – 2017
Graduate Faculty: Rehabilitation Sciences Program/Physical Therapy University of Kentucky Chandler Medical Center Lexington, KY	2004 – 2005
Assistant Professor: Orthopaedic Surgery/Sports Medicine Graduate Faculty: Rehabilitation Sciences Program/Physical Therapy University of Kentucky Chandler Medical Center Lexington, KY	2003 – 2005

PROFESSIONAL MEMBERSHIPS

American Academy of Orthopaedic Surgeons (Fellow)



American Orthopaedic Society for Sports Medicine	
Arthroscopy Association of North America	
Kentucky Medical Association	
Lexington Medical Society	
Kentucky Orthopaedic Society	
Vice-President Kentucky Surgery Center Board	2015 – 2016
American Academy of Orthopaedic Surgeons Ethics Committee	2012 – 2016
Refuge Ministries Inc., Lexington KY. Chairman of the Board	2011 – 2015
Board of Elders, Southland Christian Church. Lexington, KY	2013 – 2015
Kentucky Haiti Partnership. Chairman of the Board	2011 – present
President-elect of Medical Staff, Georgetown Community Hospital (GCH)	2010 – 2011
Board of Elders, Southland Christian Church. Lexington, KY	2010 – 2012
Refuge Ministries Inc., Lexington, KY. Board Member	2010 – 2015
Chairman By-laws and Credentials Committee, GCH	2010 – 2011
GCH Surgical Services Executive Committee	2010 – 2011
American Orthopaedic Society for Sports Medicine Council of Delegates	2009 – 2012
Secretary/Treasurer of GCH Medical Staff	2009
Medical Executive Committee GCH	2007 – 2012
Surgical Services and Infection Control Committee GCH. Chairman	2007
UK Residency Review Committee (Orthopaedics)	2003 – 2005
Orthopaedic Internal Committee for Mission Statement	2004
AOSSM Orthopaedic Sports Medicine Board Review Self-Assessment	2004 – 2007
Kentucky Medical Association Committee on Sports Medicine	2004 – 2008
Graduate Student Committee for John Ostrowski	2005

AWARDS / HONORS

Physician of the Year. Georgetown Community Hospital	2008
Resident Essay Award. Alabama Orthopaedic Society Annual Meeting	2001
<i>Alpha Omega Alpha</i> Medical Honor Society	1996
Senior Honor Surgery. University of Louisville	1996
Most Outstanding Biology Major. Georgetown College	1993
<i>Eta Delta Phi</i> Senior Honor Society. Georgetown College	1993
Outstanding Pre-Med Award. Georgetown College	1992, 1993



PUBLICATIONS / PRESENTATIONS / LECTURES

Invited Lectureships:

- 5th Annual University of Kentucky Sports Medicine Symposium. 2003.
Knee Exam and Diagnosis of Injury
Lexington, KY
- Sports Conference. 2003.
Foot and ankle injuries in athletes
Nutter Training Room | Lexington, KY
- Physical Therapy Graduate Studies. 2004
The Surgical Treatment of Shoulder Injuries
Physical Therapy Department | Lexington, KY
- Annual UK Sports Medicine Symposium. 2004.
Common Sports Related Elbow Problems. Osteochondral Lesions in Adolescents.
Lexington, KY
- Annual UK Sports Medicine Symposium. 2005.
Post Operative Management: Avoiding Complications.
Lexington, KY

Abstracts, Book Reviews and Discussion after Papers:

- Welsh TE, Terhune WG, **Wilson TC**, Mair SD. Shoulder Pain and Crepitus following injury in a collegiate football player. National Athletic Trainers Association Meeting. Baltimore, MD. June 2004.
- Welsh TE, Terhune WG, **Wilson TC**, Mair SD. Shoulder Pain and Crepitus following injury in a collegiate football player. Southeast Athletic Trainers Association Conference. Atlanta, GA. March 2004.
- Welsh TE, Terhune WG, **Wilson TC**, Mair SD. Shoulder Pain and Crepitus following injury in a collegiate football player. 6th Annual Wildcat Symposium. Lexington, KY. May 2004.



Manuscripts:

- Garth WP, **Wilson TC**. Open Reduction of a Lateral Femoral Notch Associated with an Acute Anterior Cruciate Ligament Tear. *Arthroscopy*. 2001, 17:874-877.
- Stannard JP, **Wilson TC**, Volgas DA, Alonso JE. Heterotopic Ossification Associated with Knee Dislocations. *Arthroscopy*. 2002, 18:835-839.
- **Wilson TC**, Johnson DL. Articular-Cartilage Lesions of the Knee and Osteoarthritis in Athletes: An Overview. *Athletic Therapy Today*. 2003, 8(1):20-24.
- **Wilson, TC**, Johnson DL. The initial Evaluation of the Multiple-Ligament Injured Knee. Operative Techniques in Sports Medicine. 2003, 11(3), 187-192.
- Gardiner J, **Wilson TC**, Johnson DL. Failed ACL Surgery in the Middle Age Arthritic Knee. *Sports Medicine and Arthroscopy Review*. April-June 2003, 11(2), 129-139.
- Sassmannshausen G, **Wilson T**, Mair S. Operative Stabilization of an Unstable Os Acromiale in an Adolescent Football Player. *Orthopedics*. 2003, 26(5): 509-511.
- Stannard JP, **Wilson TC**, Volgas DA, Alonso JE. Fracture Stabilization of Proximal Tibial Fractures with the Proximal Tibial LISS: Early Experience in Birmingham, Alabama. *Injury*. 2003, S-A36-A42.
- **Wilson TC**, Rosenblum WJ, Johnson DL, Fracture of the Femoral Tunnel after an ACL Reconstruction. *Arthroscopy*. 2004, 20(5): E9. Online publication via ScienceDirect, May 2004.
- **Wilson TC**, Kanteras A, Atay A, Johnson DL, Tunnel enlargement after anterior cruciate ligament surgery. *Am J Sports Med*. 2004, 32:543-549.
- **Wilson TC**, Satterfield WH, Johnson DL. Medical Collateral Ligament "Tibial" Injuries: Indication for Acute Repair. *Orthopaedics*. 2004, 27(4): 389-393.
- Stannard JP, **Wilson TC**, Volgas DA, Alonso JE. The Less Invasive Stabilization System in the Treatment of Complex Fractures of the Tibial Plateau: Short-Term Results. *J. Orthopaedic Trauma*. September 2004. 18(8): 584.
- Glueck D, **Wilson TC**, Johnson DL. Extensive Osteolysis Following Rotator Cuff Repair with Bioabsorbable Suture Anchor. *AJSM* . 2005, 33(5): 742-744.
- **Wilson TC**, Talwalker, Johnson. Lateral Patella Dislocation with an Irreducible Posterolateral Knee Dislocation: Literature Review. *Orthopedics*. 2005, 28(5) 459-462.
- **Wilson TC**, Johnson DL. Letter to Editor Response. *AJSM*. 2005. 33(11): 1768.
- **Wilson TC**, Duplication of the Clavicle. *Orthopaedics*. 2006, 29(1): 79-80.

Book Chapter:

- Physical Examination of the Knee. In *Clinical Sports Medicine*, eds. DL Johnson and SD Mair



Presentations:

- **Wilson TC**, Standard JP, Volgas DA, Alonso JE. The Less Invasive Stabilization System in the Treatment of Complex Fractures of the Proximal Tibia. OTA Annual Meeting. San Diego, CA. October 2001.
- **Wilson TC**, Standard JP, Volgas DA, Alonso JE. The Less Invasive Stabilization System in the Treatment of Complex Fractures of the Proximal Tibia: Preliminary Results. AOS Annual Meeting. May 2001.
- **Wilson TC**, Stannard JP, Volgas DA, Alonso JE. Heterotopic Ossification Associated with Knee Dislocations Following Blunt Trauma. AANA Annual Meeting. Seattle, WA. April 2001.
- **Wilson TC**, Standard JP, Volgas DA, Alonso JE. The Less Invasive Stabilization System in the Treatment of Complex Fractures of the Proximal Tibia. AAOS Annual Meeting. Dallas, TX. February 2002.
- **Wilson TC**, Stannard JP, Volgas DA, Alonso JE. Heterotopic Ossification Associated with Knee Dislocations. AAOS Annual Meeting. Dallas, TX. February 2002.
- **Wilson TC**, Stannard JP, Volgas DA, Alonso JE. Heterotopic Ossification Associated with Knee Dislocations Following Blunt Trauma. AOS Annual Meeting. May 2002.
- Sports Injuries: When to Refer? The 34th Annual Family Medicine Review. Lexington, KY. November 2002.
- Sports Injuries: When to Refer? The 34th Annual Family Medicine Review. Lexington, KY. February 2003.

Posters:

- **Wilson TC**, Stannard JP, Volgas DA, Alonso JE. Heterotopic Ossification Associated with Knee Dislocations. AAOS Annual Meeting. Dallas, TX. February 2002.
- Isbell W, **Wilson T**, Vyas A, Hardy P, Johnson D. Meniscal Kinematics Following Allograft Reconstruction: A Dynamic In-vivo 3D MRI Analysis. AAOS Annual Meeting. New Orleans, LA. February 2003.
- McNew S, Johnson D, **Wilson T**, Holbrook N. Knee Pain in a High School Football Player. SEATA Annual Meeting. Atlanta, GA. March 2003.
- Jacobs D, **Wilson T**, Johnson D. A Knee Injury in an Adolescent Female Soccer Player. SEATA Annual Meeting. Atlanta, GA. March 2003.
- Jackson G, Johnson D, **Wilson T**. Knee Pain in a High School Football Player. SEATA Annual Meeting. Atlanta, GA. March 2003.
- **Wilson T**, Holzhauer M, Uhl T, Johnson D. Femoral Rollback in a PCL Reconstructed Knee: An in-vivo Study. AANA Annual Meeting. Phoenix, AZ. April 2003.
- **Wilson T**, Holzhauer M, Uhl T, Johnson D. Femoral Rollback in a PCL Reconstructed Knee: An in-vivo Study. AAOS Annual Meeting. San Francisco, CA. March 2004.
- Clark CM, **Wilson TC**. Ankle Fracture/Dislocation in a High School Football Player. Southeast Athletic Trainers Association Annual Meeting. Atlanta, GA. March 2005.



- Jacobs D, Mair S, Cassidy C, Wright R, **Wilson T**. Thigh Pain in a Collegiate Football Player. Southeast Athletic Trainers Association Annual Meeting. Atlanta, GA. March 2005.

ADDITIONAL EXPERIENCE

Medical Director of Georgetown College's Athletic Training Program	2004 – present
Georgetown College Board of Associates	1999 – 2001
Clinic Director: Greater Louisville Organization for Health	1994 – 1995
Governor of KMA – Medical Student Section	1994 – 1995
KMA Medical Student Representative to State Legislature	1993
Justice on Student Court of Review at Georgetown College	1993
President's Ambassador for Georgetown College (Charter Member)	1992 – 1993
President, President's House Association Fraternity. Georgetown College	1991 – 1992
Student Government Representative. Georgetown College	1991 – 1992

Team Physician:

Lexington Christian Academy	2015 – 2016
Georgetown College	2004 – 2016
Scott County High School	2005 – 2016
Homewood Patriots Football Team (Alabama 5A High School)	2000 – 2001
University of Kentucky Athletics	2002 – 2005
Kentucky State University	2002 – 2005
Lexington Men-O-War Hockey (ECHL)	2002 – 2003
Lexington Horsemen Arena Football (NIFL)	2003 – 2005
Morehead State University	2003 – 2004

Editorial Consultant/Reviewer:

American Journal of Sports Medicine (reviewer)	2007
Clinical Anatomy (invited journal reviewer)	2005
Clinical Orthopaedics Related Research (invited journal reviewer)	2004



Research Support:

Merck & Co. Inc., The analgesic effect of perioperative rofecoxib use in patients undergoing arthroscopic shoulder labrum repair in an ambulatory setting. July 2003 – January 2005. (funded \$5,800)

Research Fellows, Graduate Students and Postdoctoral Fellows:

2004 – 2005	James Gardiner, MD Joel Hurt, MD John Ostrowski, MS, AT-C	2003 – 2004	B. Todd Smith, MD William Satterfield, MD
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